

Instructions following a Cervical Biopsy

- You may experience “period like” cramping following the cervical biopsy. Usually it will settle down after a short time but if not, simple analgesia such as ibuprofen or paracetamol can be safely taken according to the recommended dosage instructions.
- You may have a brownish vaginal discharge, or a small amount of spotting for 3-5 days after two biopsy. This is normal and part of the healing process. Any heavy or persistent bleeding should be reported to your doctor or the clinic.
- We recommend you avoid swimming and strenuous physical activity such as heavy lifting, cycling or running for a few days.
- We also advise you to use pads instead of tampons and abstain from sexual intercourse until the discharge has subsided. This will allow the area to heal completely and avoid infection.
- Ensure you attend your follow up appointments.
- If you have any questions or concerns during working hours phone Clinic C on 8514 0060 and after hours call our switch board on 8514 0000 and ask to speak to the gynaecological oncology fellow on call.