

Instructions following a LEEP procedure

- You may experience 'period like' cramping following the LEEP procedure. Usually it will settle down after a short time, but if not, simple analgesia such as ibuprofen or paracetamol can be safely taken according to the recommended dosage instructions.
- You may have a brownish vaginal discharge, or a small amount of spotting for 2-3 weeks after the procedure. This is normal and part of the healing process. Any heavy or persistent bleeding should be reported to your doctor or the clinic.
- No sexual intercourse, tampons, baths, swimming or strenuous exercises (e.g. heavy lifting, cycling or running) for 2 weeks or until the discharge stops. This will allow the area to heal completely and avoid infection.
- If the discharge becomes offensive visit your GP, as you may require a course of antibiotics.
- Some patients find that their menstrual pattern is disturbed. Your next period may commence early, late or be missed completely. It may be light or heavy. If it is significantly heavier and longer than normal, or if you have a second abnormal period, contact your doctor or the clinic.
- Ensure you attend your follow up appointments.
- If you have any questions or concerns during working hours phone Clinic C on 8514 0060 and after hours call our switch board on 8514 0000 and ask to speak to the gynaecological oncology fellow on call.